

I Think My Child is Using Alcohol/Drugs or I Know My Child is Using Alcohol/Drugs Now What?

The day has come that you have either been dreading or never thought would come. Your child is drinking and or using drugs! So, what now (besides yelling, screaming, grounding)? Check out the link below which will take you to an EBook on the best way to handle this situation.

I really like this EBook because it is from a credible source, The Partnership for a Drug Free America. Their website alone is a tremendous resource. The EBook helps to dispel myths about what an intervention is, and how it can range from a simple conversation to a more formal intervention with professionals as seen on television. Not only does it help guide a conversation with your child but it hits on the "What if my child says this...?" or "What if the talk goes bad, or really bad?" topics. Being prepared is key!

The EBook wraps up by helping parents take the next step to get their child professional help, when needed. Eleven pages, cover to cover, can help you sleep better tonight, while preparing for the most important conversation you can have with your child.

Once you finish reading the EBook or having the conversation with your child, call Integrated Therapeutic Solutions, LLC for an appointment with me to get your child the help they need and deserve.

http://www.drugfree.org/wp-content/uploads/2010/09/Intervention_Guide.pdf